

## Heartland Athletic Conference Track and Field Championships May 3, 2007

### FINAL BOYS TEAM SCORES

1. Fremont	170.000	5. Lincoln Northeast	39.000
2. Lincoln Southwest	86.000	6. Lincoln East	37.000
3. Lincoln High	70.000	7. Lincoln Southeast	34.000
4. Grand Island	63.000	8. Lincoln North Star	28.000

### BOYS SHOT PUT

Meet Record: 62' 4" Kurt Mann Grand Island 2002

1. Jeff Bohlken, LNE	52' 5"	Taylor Gish, LSE	43' 4-3/4"
2. Sam Siegel, LSW	51' 8-3/4"	Cole Pensick, LNE	43' 3-1/4"
3. Tyler Kotrous, Fre	51' 1"	Todd Wynne, LNS	43' 2-3/4"
4. Nick Swanson, GI	48' 11-1/4"	Keith Carlson, LSE	42' 6-1/2"
5. Baker Steinkuhler, LSW	48' 3-1/2"	Jerry Garza, LHS	42' 3-3/4"
6. Matt Giesselman, Fre	47' 1"	Brandon Hanika, LSE	40' 1"
DaVandis Miller, LHS	46' 8"	Michael Lau, LE	39' 8-1/2"
Andy Gallagher, GI	45' 9-1/4"	Caleb Vercellino, LNS	38' 7"
Tyler Cline, GI	44' 8-1/2"	Bennett Meredith, LNS	38' 5-1/2"
Dustin Garret, LSW	44' 3-1/4"	Josh Hastreiter, LE	37' 9-1/2"
Elliott Bulling, LNE	44' 2-1/2"	Dan Cramer, LE	35' 8-1/4"
Taylor Jeppesen, Fre	43' 11"		

### BOYS DISCUS

Meet Record: 193' 9" Tyler Hitchler Fremont 2007

Previous Record: 191' 9" Scott McPherran Lincoln East 1994

1. Tyler Hitchler, Fre	193' 9"	Braden Forst, LE	115' 3"
2. Matt Giesselmann, Fre	146' 2"	Keith Carlson, LSE	113' 8"
3. Josh Sammons, Fre	145' 11"	Nick Swanson, GI	109' 11"
4. Taylor Gish, LSE	137' 0"	Zach Tucker, LSE	109' 6"
5. Mike Estes, LNE	135' 10"	Logan Reising, LNE	109' 6"
6. Andy Gallagher, GI	133' 5"	Nick Cruicshank, LNS	106' 11"
Elliott Bulling, LNE	130' 2"	Jerry Garza, LHS	102' 3"
Jake Gdowski, GI	127' 7"	DaVandis Miller, LHS	101' 6"
Baker Steinkuhler, LSW	125' 4"	Austin Fritz, LSW	98' 8"
Caleb Vercellino, LNS	118' 7"	Sam Siegel, LSW	
Todd Wynne, LNS	118' 2"	Josh Hastreiter, LE	
Dan Cramer, LE	116' 6"		

### BOYS POLE VAULT

Meet Record: 15' 7" Shawn Pebley Fremont 1992

1. Luke Franssen, LHS	13' 4"	Riley Allen, GI	11' 4"
2. Danny Berks, LNE	13' 4"	Scott Macklin, Fre	11' 4"
3. Rob Babcock, LSE	12' 10"	Alex Vue, GI	10' 4"
4. Cody Friedrichsen, GI	12' 4"	Pat Heyen, LSE	9' 10"
5. Jay Kilpatrick, LE	11' 10"	Jeff Morrison, LE	9' 10"
6. Kyle Gregory, Fre	11' 10"	Logan Luke, LSW	
BJ Wilkins, Fre	11' 10"	Austin Cassidy, LSW	

**BOYS HIGH JUMP**

Meet Record: 7' 0" Jeff Olson - Fre (87) Chris Murrell - GI (89)

1. Matt Donahue, Fre	6' 9"	Jordan Soto, GI	5' 8"
2. Ben Zuch, Fre	6' 2"	Andrew Castenetta, LNS	5' 8"
3. Maurice Wegulo, LSW	6' 1"	Porter Groves, LNE	5' 6"
4. Matt Hagerbaumer, LSE	6' 0"	Charlie Simmons, Fre	5' 6"
5. Tyler McManaman, LNE	6' 0"	Doug Szwanek, LSE	5' 6"
6. Efrem Jones, LNS	5' 10"	Vino Brown, LSW	5' 6"
Peter Rowe, LSE	5' 10"	Scott Brugman, LNE	5' 6"
Spencer Elliot, LSW	5' 8"	Andrew Shaw, LE	
Billy Keeling, GI	5' 8"	Robbie Osberg, GI	
Jerry Key, LNS	5' 8"		

**BOYS LONG JUMP**

Meet Record: 23' 5" Richard Ross Lincoln High 2000

1. Mike Shaw, LNS	21' 6-3/4"	Porter Groves, LNE	18' 7-1/4"
2. Lonnie Temple, LHS	20' 9-1/2"	Gabe Smail, LHS	18' 4"
3. Ty Arnold, Fre	20' 5-1/2"	Sam Housh, LNS	18' 2-3/4"
4. Mike Tomlin, GI	20' 2-3/4"	Drake Thege, LNE	17' 11-3/4"
5. Lucas McCain, Fre	20' 2-1/2"	Jake Widerman, LE	17' 9"
6. Chris Spanel, LSE	19' 5-3/4"	Jordan Soto, GI	17' 7-1/2"
Mike Pettiford, LSE	19' 4"	Will Scheideler, LE	17' 3-3/4"
Preston Harris, LHS	19' 0-1/2"	Keith Young, Fre	17' 0-1/4"
Yusef wade, LNE	19' 0-1/4"	Billy Keeling, GI	16' 1-1/2"
Vino Brown, LSW	19' 0"	Dillon Schrodt, LNS	15' 5"

**BOYS TRIPLE JUMP**

Meet Record: 48' 1-1/2" Kevin Stobbe Grand Island 1988

1. Preston Harris, LHS	41' 4-3/4"	Adam Jochum, LNS	39' 0-1/4"
2. Maurice Wegulo, LSW	40' 9-1/4"	DJ Battiato, LNS	39' 0"
3. Ben Fisher, Fre	40' 4-1/4"	Zack Swahn, Fre	38' 5-1/2"
4. Vino Brown, LSW	40' 3-1/2"	Tommy Velasquez, GI	37' 5-1/2"
5. Cornell Lefler, LSE	40' 1"	Topper Yoakum, LNS	36' 4-1/2"
6. Jay Cummings, LSE	40' 1"	Nathan Cheek, GI	35' 7-3/4"
Jordan Soto, GI	40' 0"	Isaiah Droud, LHS	35' 1"
Nasar Kambal, LHS	39' 2-1/4"	Patrick Osborne, Fre	34' 6-1/2"

**PRELIMINARY RESULTS****BOYS 110 METER HIGH HURDLES PRELIMINARY**

Meet Record: :14.20 Adam Landerfield -LSE (02) Mike Railsback-LSE (03)

Heat #1		Heat #2	
1. Austin Cassidy, LSW	:15.4	1. Travis Earhart, LSW	:16.3
2. Michael Knott, LE	:16.1	2. Danny Berks, LNE	:16.5
3. Sam Housh, LNS	:16.6	3. Kyle Gregory, Fre	:16.8
4. Jordan Larson, Fre	:16.8	4. Mitch Gerrard, LE	:17.4
5. Robbie Osberg, GI	:17.2	5. Dillon Schrodt, LNS	:17.4
6. Doug Szwanek, LSE	:18.1	6. Gabe Jefferson, LSE	:17.9
Tyler Hahn, LNE	:20.8	Isaiah Droud, LHS	:19.6

## Boys 110 M Hurdles Prelim (con't)

## Heat #3

1.	Brandon Grotzky, GI	:16.3
2.	Michael Olson, LE	:16.5
3.	Brandon Bjorklund, Fre	:16.5
4.	AJ Robinson, LNE	:17.6
5.	Jeremiah sievers, LSW	:18.0
6.	Alex Webster, LSE	:18.4

## PRELIMINARY RESULTS

## BOYS 100 METER DASH PRELIMINARY

Meet Record: :10.60 Clark Spanel Grand Island 2000

## Heat #1

1.	Harry Meginnis, LE	:11.3
2.	Lucas McCain, Fre	:11.5
3.	Dillon Jones, LSW	:11.7
4.	Jessee Puente, GI	:11.8
5.	Mason Davis, LHS	:12.1
6.	Makani Chalambo, LNS	:12.3
	Matt Thorton, LNE	:12.6
	Phil Blankenau, LSE	NT

## Heat #2

1.	Lonnie Temple, LHS	:11.3
2.	Nathan Cheek, GI	:11.7
3.	Jordan Vanek, LSE	:11.8
4.	Kayle Henderson, LNE	:12.0
5.	Tyler Loos, LSW	:12.3
6.	Drew Zobel, LE	:12.4
	Mabil Duir, LNS	:12.7
	Anthony Brown, Fre	:12.7

## Heat #3

1.	Zach Christensen, GI	:11.5
2.	Graham Stodard, LSW	:11.6
3.	Keith Young, Fre	:11.8
4.	Ty Graham, LHS	:11.8
5.	Cornell Lefler, LSE	:11.9
6.	Brian Castor, LNS	:12.0
	David Peaslee, LE	:12.3

## PRELIMINARY RESULTS

## BOYS 200 METER DASH PRELIMINARY

Meet Record: :21.50 Cliff Brye Lincoln Northeast 1998

## Heat #1

1.	Matt Donahue, Fre	:22.1
2.	Nick Sawyer, LSW	:22.7
3.	Mike Pettiford, LSE	:23.5
4.	Nathan Cheek, GI	:23.7
5.	Aaron Shuster, LHS	:24.0
6.	Kayle Henderson, LNE	:24.3
	Brian Castor, LNS	:24.8
	Jacob Wilderman, LE	:25.0

## Heat #2

1.	Payton Iverson, LNS	:23.0
2.	Harry Meginnis, LE	:23.2
3.	Dillon Jones, LSW	:23.8
4.	Jessee Puente, GI	:23.9
5.	Chris Spanel, LSE	:24.3
	Matt Thornton, LNE	DQ

## Heat #3

1.	Zach Christensen, GI	:23.3
2.	Jon Zabel, LSE	:23.4
3.	Graham Stoddard, LSW	:23.8
4.	Aaron Smith, LHS	:24.0
5.	Yusef wade, LNE	:24.1
6.	Nate Gran, LE	:24.5
	Ray Adams, LNS	:25.1
	Anthony Brown, Fre	:25.3

**BOYS 3200 METER RELAY**

Meet Record: 7:58.60 Fremont (Walker Leech Grassmeyer Parr) 2004

1. Fremont	8:13.2
Jake Smrcina, Mitch Hunt, Evan Harpster, Jon Ronhovde	
2. Lincoln North Star	8:25.5
Payton Iverson, Jordan Wilson, Justin Lewis, Chol Chol	
3. Grand Island	8:26.3
Brandon Wissing, Kane Ramsey, Chase McClaren, Brandon Davis	
4. Lincoln High	8:31.8
Mengistu Kuwa, Gabe Smail, Aaron Shuster, Paul Pape	
5. Lincoln East	8:37.9
Mike Weitz, Nick Masada, Adam Bassett, Mike Schinstock	
6. Lincoln Southwest	8:38.4
Nick Jester, Jay Anderson, Craig Easley, Jason Heindryckx	
Lincoln Northeast	9:25.2

**BOYS 400 METER DASH**

Meet Record: :48.30 Sean O'Connor Fremont 1990

1. Nick Sawyer, LSW	:50.3	Levi Wray, Fre	:54.9
2. Cody Fultz, LHS	:51.5	Kurtis Conkel, LE	:55.0
3. Kevin Meyer, LE	:52.4	Cooper Soto-Olson, LHS	:55.2
4. Logan Reising, LNE	:52.5	Johnny Ray, LNS	:55.4
5. Richie Nieto, GI	:53.2	Gerell Ware, LNS	:55.8
6. Jon Zabel, LSE	:53.3	Peter Sitzmann, LSW	:56.1
Bryan May, LNE	:53.9	Dylan Ohlson, LSW	:56.7
Justin Garza, LHS	:54.2	David Peaslee, LE	:56.8
Chris Spanel, LSE	:54.2	Mike Tomlin, GI	DNS
Lucas Miller, GI	:54.2	Scott Brugman, LNE	DNS
Connor Smith, LSE	:54.9		

**BOYS 3200 METER RUN**

Meet Record: 9:11.80 David Iteffa Fremont 1990

1. Justin Grassmeyer, Fre	9:55.7	Sam Ingram, LE	10:37.1
2. Isaias Martinez, GI	10:07.3	Jonathan Rife, LE	NT
3. Mike Schuster, LSW	10:10.3	Nate Bond, LSE	NT
4. Jeff Wilkey, Fre	10:23.9	Josh Wilson, LNS	NT
5. Tony Procacina, LNS	10:27.3	Austin Fiala, GI	NT
6. Brandon Olson, LSW	10:28.5	Kelley Welton, LSE	DNS
Matt Blankenau, LSW	10:29.0		

**BOYS 110 METER HIGH HURDLES**

Meet Record: :14.20 Adam Landerfield -LSE (02) Mike Railsback-LSE (03)

1. Austin Cassidy, LSW	:15.4	5. Brandon Bjorklund, Fre	:16.4
2. Brandon Grotzky, GI	:15.9	6. Michael Olson, LE	:16.5
3. Travis Earhart, LSW	:16.0	Sam Housh, LNS	:16.9
4. Michael Knott, LE	:16.2	Danny Berks, LNE	:17.6

**BOYS 100 METER DASH**

Meet Record: :10.60 Clark Spanel Grand Island 2000

1. Lonnie Temple, LHS	:11.1	5. Graham Stodard, LSW	:11.6
2. Harry Meginnis, LE	:11.4	6. Nathan Cheek, GI	:11.8
3. Lucas McCain, Fre	:11.4	Dillon Jones, LSW	:11.9
4. Zach Christensen, GI	:11.5	Jessee Puente, GI	:11.9

**BOYS 800 METER RUN**

Meet Record: 1:55.20 Nate Nielsen Lincoln Southeast 1987

1. Steve Schultz, Fre	2:01.6	Matt Blankenau, LSW	2:10.4
2. Jose Nuno, Fre	2:01.7	Adam Bassett, LE	2:10.6
3. Brandon Wissing, GI	2:02.0	Jason Heindryckx, LSW	2:12.5
4. Rohan Sohi, LSE	2:02.8	Justin Garza, LHS	2:12.6
5. Jordan Hunt, LSE	2:05.0	Sidney Matlock, LNS	2:14.0
6. Thomas Guittar, LNE	2:08.0	Mike Schuster, LSW	2:14.8
Michael Weitz, LE	2:08.1	Brett Thompson, LNS	2:15.4
Donald Rastetter, LSE	2:08.3	Nate Feather, LE	2:23.4
Brandon Davis, GI	2:09.5	Evan Harpster, Fre	DNS
Paul Creger, LNE	2:10.1	Derek Schnell, LNS	DNS
Kane Ramsey, GI	2:10.4	Tory Berks, LNE	DNS
Cooper Soto-Olson, LHS	2:10.4		

**BOYS 300 METER INTERMEDIATE HURDLES**

Meet Record: :38.85 Tim Brown Lincoln Northeast 2004

1. Derrick McKenzie, Fre	:39.8	Ray Adams, LNS	:44.5
2. Austin Cassidy, LSW	:40.7	Alex Webster, LSE	:44.8
3. AJ Robinson, LNE	:41.6	Isaiah Droud, LHS	:45.3
4. Ravi Mahapatra, LE	:42.5	Jake Taylor, LNE	:45.4
5. Michael Olson, LE	:42.9	Doug Szwanek, LSE	:45.5
6. Richie Nieto, GI	:43.2	Charlie Simmons, Fre	:45.9
Brandon Grotzky, GI	:43.3	Sam Housh, LNS	:46.1
Mitch Gerrard, LE	:43.5	Matt Turco, LNS	:46.7
Kyle Gregory, Fre	:43.7	Jeremiah Sievers, LSW	:46.7
Jordan Soto, GI	:43.8	Danny Berks, LNE	NT
Gabe Jefferson, LSE	:44.0	Travis Earhart, LSW	DNS

**BOYS 200 METER DASH**

Meet Record: :21.50 Cliff Brye Lincoln Northeast 1998

1. Matt Donahue, Fre	:21.7	5. Zach Christensen, GI	:23.4
2. Nick Sawyer, LSW	:22.8	6. Jon Zabel, LSE	:23.5
3. Payton Iverson, LNS	:23.1	Mike Pettiford, LSE	:23.5
4. Harry Meginnis, LE	:23.3	Graham Stoddard, LSW	:23.8

**BOYS 1600 METER RUN**

Meet Record: 4:19.19 Brian Parr Fremont 2004

1.	Jon Ronhovde, Fre	4:26.4	Chase McClaren, GI	NT
2.	Mitch Hunt, Fre	4:30.4	Jordan Wilson, LNS	NT
3.	Jake Smrcina, Fre	4:35.8	Zach Sims, LSW	NT
4.	Michael Rathje, LNE	4:37.7	Jordan Hunt, LSE	NT
5.	Trevor Vidlak, LNE	4:39.3	Aaron Pattee, LSW	NT
6.	Michael Schinstock, LE	4:41.1	Nate Bond, LSE	NT
	Isaias Martinez, GI	4:42.2	Rohan Sohi, LSE	NT
	Carter Weitz, LE	4:42.7	Nick Masada, LE	NT
	Parker Schoen, LSW	NT	Damon Mackety, LNS	NT
	Chol Chol, LNS	NT	Thadd Harrington, LNE	NT
	Brandon Wissing, GI	NT		

**BOYS 400 METER RELAY**

Meet Record: :42.80 Lincoln Southeast - 1998 Grand Island - 2000

1.	Lincoln High	:43.9
	Ty Graham, Lonnie Temple, Aaron Smith, Darrell Stephens	
2.	Fremont	:44.1
	Lucas McCain, Derrick McKenzie, Ty Arnold, Keith Young	
3.	Lincoln Southwest	:44.2
	Austin Cassidy, Graham Stoddard, Dillon Jones, Nic Sawyer	
4.	Grand Island	:44.7
	Mike Tomlin, Zach Christensen, Cody Friedrichsen, Nathan Cheek	
5.	Lincoln Southeast	:45.2
	Jordan Vanek, Jon Zabel, Chris Spanel, Mike Pettiford	
6.	Lincoln East	:45.8
	R. Mahaptra, K. Meyer, N. Gran, H. Meginnis	
	Lincoln North Star	:46.3

**BOYS 1600 METER RELAY**

Meet Record: 3:24.90 Grand Island (Faz McFarland Caruse Hill) 1995

1.	Lincoln High	3:27.6
	Gabe Smail, Cody Fultz, Mengistu Kuwa, Paul Pape	
2.	Grand Island	3:33.7
	Mike Tomlin, Richie Nieto, Kane Rmsey, Zach Christensen	
3.	Lincoln Southeast	3:35.2
	Conner Smith, Jon Zabel, Cornel Lefler, Mike Pettiford	
4.	Fremont	3:35.9
	Jose Nuno, Derrick McKenzie, Steven Schultz, Justin Brassmeyer	
5.	Lincoln East	3:39.5
	M. Schinstock, N.Gran, W. Schiedler, K. Meyer	
6.	Lincoln North Star	3:41.5
	Ray Adams, Payton Iverson, Chol Chol, Justin Lewis	
	Lincoln Southwest	3:44.5