

GIRLS SHOT PUT

Meet Record: 44' 6-1/2" Amanda Latsch Lincoln East 2006

Previous Record: 43' 2-1/2" Alisa Turman Lincoln Southeast 1997

1. Amanda Latsch, LE	44' 6-1/2"	Mandy Kottas, LSE	28' 11-1/2"
2. Michele Putnam, LHS	35' 3"	Melissa West, LSW	28' 9"
3. Katie Moss, LNE	34' 11"	Mara Wilson, LSW	28' 3-1/2"
4. Ami Zweerink, LNE	34' 9"	Emma Deleon, LNE	27' 8"
5. Amanda Church, LSW	34' 1-1/2"	Shelby Kaufman, LSE	27' 1"
6. Cassie Olson, LNS	34' 1"	Morgan Shepherd, LNE	27' 0"
Tyka McWilliams, LNS	32' 0"	Maggie Packard, LSW	26' 5-1/2"
Maren Vik, LNS	31' 7-1/2"	Bethany Wiedeman, LSE	25' 2-1/2"
Courtney Rentfro, LSE	30' 11"	Emmilie Baker, LNS	24' 10"

GIRLS DISCUS

Meet Record: 143' 9-1/2" Julie McEwen Lincoln High 1978

1. Amanda Latsch, LE	115' 3"	Mandy Kottas, LSE	86' 10-1/2"
2. Maren Vik, LNS	110' 11"	Michel Putnam, LHS	83' 1"
3. Ami Zweerink, LNE	109' 0-1/2"	Megan Kaltenberger, LSW	78' 3-1/2"
4. Madison MacLean, LE	101' 0"	Christina Cane, LSE	78' 0-1/2"
5. Emma Deleon, LNE	96' 3"	Marissa Kohl, LSE	75' 9-1/2"
6. Maggie Packard, LSW	94' 7"	Mara Wilson, LSW	75' 2"
Amber Swenseth, LSW	94' 1-1/2"	Morgan Shepard, LNE	72' 5"
Bethany Wiedeman, LSE	93' 0-1/2"	Sydney Brandt, LNS	70' 6"
Vanessa Alvarado, LNS	90' 10"	Kristina Lee, LNS	63' 7-1/2"

GIRLS POLE VAULT

Meet Record: 11' 3" Michelle Railsback Lincoln Southeast 2000

1. Kami Moore, LSW	8' 2"	3T. Kristin Dinneen, LSW	7' 8"
2. Casey Weiss, LSE	8' 2"	5. Julie Boshae, LSE	7' 8"
3T. Elizabeth Skiles, LE	7' 8"	6. Taylor Mayer, LSW	6' 2"

GIRLS HIGH JUMP

Meet Record: 5' 6" Debbie Freeman - LNE (78) Leight Wagner - LSE (02)

1. Mikaela Richards, LNE	5' 2"	Cami Jiskra, LNS	4' 6"
2. Aqueelah Watkins, LNS	5' 0"	Stephanie Ruppelt, LHS	4' 4"
3. Laura Brammeier, LSW	5' 0"	Courtney Russell, LE	4' 4"
4. Sarah Reddy, LSW	4' 10"	Megan Statton, LSE	4' 4"
5. Amelia Myers, LSW	4' 10"	Sydney Abel, LSE	
6T. McKenna Slack, LE	4' 10"	Allie Droud, LHS	
6T. Jaime Sydney, LHS	4' 10"	Rachel Masin, LSE	
Jordan Stacy, LE	4' 8"	Britney Bose, LNS	
Dani Schoettger, LE	4' 6"	Kim Stevenson, LNS	
Maria Hopkins, LSE	4' 6"		

GIRLS LONG JUMP

Meet Record: 18' 11-3/4" Meg Gildersleeve Lincoln Southeast 1978

1. Amanda Magnuson, LSW	17' 2"	Stephanie Ruppelt14, LHS	14' 7-1/2"
2. Mikaela Richard, LNE	16' 8-1/2"	KK Houser, LSE	14' 6"
3. Alice Root, LE	16' 6"	Sondrea Smith, LSE	14' 4-1/2"
4. Caitlin Madden, LNE	16' 6"	Emily McCoy, LSE	14' 4"
5. Teonna Wimes, LHS	15' 8"	Kendra Sell, LSE	14' 2"
6. Cassie Olson, LNS	15' 5-1/2"	Jenna Howell, LE	13' 10-1/2"
Kelsey Newman, LE	15' 4"	Kiara Letcher, LSW	13' 9-1/2"
Alissa Larson, LNE	15' 3-1/2"	Amanda Laurenceau, LNS	13' 8-1/2"
Laura Brammeier, LSW	15' 0"	Anna Guitarr, LNE	13' 8"
Aqueelah Watkins, LNS	14' 8"	Courtney Lewis, LHS	13' 6-1/2"

GIRLS TRIPLE JUMP

Meet Record: 36' 0" Erin Gerrard Lincoln Southeast 1998

1. Amanda Magnuston, LSW	33' 10-1/2"	Danie Miller, LNE	29' 2-1/2"
2. Aqueelah Watkins, LNS	32' 10"	Kiara Letcher, LSW	28' 3"
3. Sondrea Smith, LSE	32' 4"	Annie Kaufman, LSE	28' 1"
4. Ali Metzger, LE	32' 2"	Kendra Sell, LSE	27' 6"
5. Laura Brammeier, LSW	32' 2"	Courtney Lewis, LHS	27' 3"
6. Emily McCoy, LSE	32' 1-1/2"	Britney Bose, LNS	27' 0"
Amanda Laurenceau, LNS	31' 1"	Sami Brandt, LNE	25' 8-1/2"
Jordan Bell, LSW	30' 7-1/2"	Cassie Olson, LNS	
Nicole Kubert, LNE	29' 3-3/4"	Maggie Pace, LE	

PRELIMINARY RESULTS

GIRLS 100 METER HIGH HURDLES PRELIMINARY

Meet Record: :15.00 Kim Shubert Lincoln Southeast 2002

Heat #1		Heat #2	
1. KK Houser, LSE	:15.2	1. Jallan Holmes, LNS	:15.4
2. Emily McCoy, LSE	:17.2	2. Rachel Garrett, LSW	:16.4
3. McKenna Slack, LE	:17.8	3. Danie Miller, LNE	:17.0
4. Becca Nispel, LSW	:17.8	4. Lexie Jackson, LSE	:17.5
5. Ciera Armstrong, LNE	:17.9	5. Kristin Dinneen, LSW	:17.8
6. Heather Schuster, LSW	:18.1	6. Katelyn Johnson, LSE	:18.0
Andi Ramirez, LNS	:18.5	Anna Guitarr, LNE	:19.1
Kelsey Fawl, LE	:19.3	Nicole Kubert, LNE	:20.4

PRELIMINARY RESULTS
GIRLS 100 METER DASH PRELIMINARY

Meet Record: :12.20 Michelle Railsback LSE (00) Jallan Holmes (LNS) (06)

Previous Record: :12.20 Michelle Railsback Lincoln Southeast 2000

Heat #1

1. Jallan Holmes, LNS	:12.2
2. Kayla Meskimen, LHS	:12.8
3. Rachel Garrett, LSW	:12.9
4. Kendra Sell, LSE	:13.4
5. Alex Tvrdy, LE	:13.8
6. Lindsay Bohac, LE	:13.8

Heat #2

1. Ashley Faubel, LSW	:12.4
2. Caitlin Madden, LNE	:12.5
3. DeNae Bently, LSW	:13.1
4. Takila Brown, LNS	:13.4
5. Amanda Corbin, LE	:14.1
6. Samantha Karnes, LSE	:14.1
Brittany Freeman, LHS	:14.4

Heat #3

1. Sammy Hensen, LSW	:12.7
2. Amber Dittmer, LNS	:13.4
3. Raevone Blanton, LNS	:13.4
4. Haley Woll, LE	:13.6
5. Lexie Jackson, LSE	:13.6

PRELIMINARY RESULTS
GIRLS 200 METER DASH PRELIMINARY

Meet Record: :25.50 Michelle Maxey Lincoln High 1982

Heat #1

1. Sammy Hensen, LSW	:26.7
2. Caitlin Madden, LNE	:27.0
3. Amber Dittmer, LNS	:28.7
4. Haley Woll, LE	:29.4
5. Samantha Karnes, LSE	:29.6
6. Brittany Freeman, LHS	:31.0

Heat #2

1. Karley Piper, LSE	:27.5
2. Kayla Meskimen, LHS	:27.5
3. Amanda Magnuson, LSW	:27.6
4. Taylor Pitts, LNS	:27.9
5. Taylor Schmutte, LSE	:28.4
6. Amanda Corbin, LE	:29.3

Heat #3

1. Ashley Faubel, LSW	:27.1
2. Jessica Merideth, LNS	:27.3
3. Keshia Moore, LNS	:28.1
4. Lindsay Bohac, LE	:29.1
5. Alex Tvrdy, LE	:29.6

GIRLS 3200 METER RELAY

Meet Record: 9:46.00 Lincoln East (Johnson Crist Amen Edmunds) 1981

1. Lincoln Southwest	10:22.0
Rachael Isherwood, Dani Cassidy, Kaila Lewallen, Eliza Hammond	
2. Lincoln North Star	10:35.6
Leenie Boardman, Lacy Pickering, Karissa Kruse, Heather Davidson	
3. Lincoln Northeast	10:45.8
Whitney Villines, Misam Ali, Alissa Larsen, Nyakuic Dobuong	
4. Lincoln East	10:48.6
Jade Hepburn, Sydney Johnson, Rachel Brenning, Maggie Hedlund	
5. Lincoln Southeast	10:57.3
Ashley Peterson, Courtney Peterson, Quinn McCreight, Jane Tsui	

GIRLS 400 METER DASH

Meet Record: :58.30 Chelsea Harrison Lincoln High 1987

1. Jaime Sydney, LHS	1:00.8	Rachel Brenning, LE	1:08.8
2. Karley Piper, LSE	1:02.2	Rachel Masin, LSE	1:10.0
3. Ashley Schnell, LNS	1:03.6	Emily Creglow, LSW	1:11.2
4. Cassie Skolnick, LNS	1:04.0	Jacqueline Robinson, LNS	1:11.5
5. Taylor Schmutte, LSE	1:05.6	Amber Works, LE	1:11.8
6. Kirsti Sims, LSW	1:06.6	Brittany Kuhlman, LNE	1:13.5
Chelsea Pfeiffer, LSW	1:06.8	Abby Hall, LE	1:14.8
Alicia Osborne, LNE	1:06.8	Nia Bickert, LNS	1:14.9
Jessica Kaltenberger, LSW	1:06.9	Sami Brandt, LNE	1:22.2
Eva Johnson, LHS	1:06.9	Vicky Medley, LNE	SCR
Elizabeth Earhart, LE	1:07.7		

GIRLS 3200 METER RUN

Meet Record: 10:40.60 Jenny Stricker Lincoln Southeast 1981

1. Katie Nelson, LSE	12:08.7	Ame Walter, LNE	13:07.5
2. Heather Davison, LNS	12:21.8	Karis Parker, LHS	13:19.1
3. Brandis Hurt, LHS	12:24.6	Molly Tobin, LSW	13:42.7
4. Laura Hahn, LE	12:33.0	Jaime Pella, LNE	13:52.9
5. Dani Virts, LSW	12:39.4	Erin Baker, LNE	14:01.1
6. Courtney Chambers, LSW	12:41.3	Devin Schultze, LE	14:40.1
Cassie Froberg, LE	12:48.3	Jordan Heiliger, LE	DNF

GIRLS 100 METER HIGH HURDLES

Meet Record: :15.00 Jallan Holmes LNS (06) Kim Shubert LSE (02)

Previous Record: :15.00 Kim Shubert Lincoln Southeast 2002

1. Jallan Holmes, LNS	:15.0	5. Danie Miller, LNE	:17.0
2. KK Houser, LSE	:15.1	6. Becca Nispel, LSW	:17.3
3. Rachel Garrett, LSW	:16.4	Lexie Jackson, LSE	:17.7
4. Emily McCoy, LSE	:16.9	McKenna Slack, LE	:19.3

GIRLS 100 METER DASH

Meet Record: :12.20 Michelle Railsback LSE (00) Jallan Holmes (LNS) (06)

1. Jallan Holmes, LNS	:12.3	5. Rachel Garrett, LSW	:13.0
2. Ashley Faubel, LSW	:12.6	6. Kayla Meskimen, LHS	:13.0
3. Sammy Hensen, LSW	:12.8	DeNae Bently, LSW	:13.3
4. Caitlin Madden, LNE	:12.9	Amber Dittmer, LNS	:13.5

GIRLS 800 METER RUN

Meet Record: 2:16.00 Jenny Stricker Lincoln Southeast 1981

1.	Eliza Hammond, LSW	2:26.0	Karis Parker, LHS	2:43.1
2.	Halyey Sutter, LSE	2:30.1	Lauren Marr, LE	2:43.8
3.	Erin Dolan, LSE	2:32.1	Elizabeth Earhart, LE	2:44.1
4.	Lacey Pickering, LNS	2:34.1	Sydney Johnson, LE	2:45.8
5.	Alissa Larson, LNE	2:34.5	Lexie Pickering, LNS	2:48.0
6.	Kaila Lewallen, LSW	2:35.2	Alexis Lehman, LE	2:49.4
	Rachel Isherwood, LSW	2:36.1	Nyakuich Dobouny, LNE	2:50.8
	Misam Ali, LNE	2:38.5	Courtney Peterson, LSE	NT
	Dani Cassidy, LSW	2:38.5	Ashley Schnell, LNS	NT
	Eva Johnson, LHS	2:40.9	Ame Walter, LNE	NT
	Ashley Peterson, LSE	2:41.1		

GIRLS 300 METER LOW HURDLES

Meet Record: :46.30 Kim Shubert Lincoln Southeast 2002

1.	Jallan Holmes, LNS	:46.6	Anna Guitarr, LNE	:53.6
2.	KK Houser, LSE	:48.0	Emily McCoy, LSE	:54.4
3.	Amelia Myers, LSW	:49.7	Jordan Bell, LSW	:55.1
4.	Teonna Wimes, LHS	:49.7	Alicia Osborne, LNE	:55.2
5.	Ciera Armstrong, LNE	:51.4	Heather Schuster, LSW	:55.3
6.	Katelyn Johnson, LSE	:51.7	Courtney Russell, LE	:55.4
	McKenna Slack, LE	:52.7	Kelsey Fawl, LE	:56.9
	Becca Nispel, LSW	:53.0	Andi Ramirez, LNS	:59.3
	Brooke Swanigan, LSE	:53.1	Britanny Freeman, LHS	DNS
	Karissa Kruse, LNS	:53.4	Nicole Kubert, LNE	SCR

GIRLS 200 METER DASH

Meet Record: :25.50 Michelle Maxey Lincoln High 1982

1.	Sammy Hensen, LSW	:27.0	5.	Kayla Meskimen, LHS	:27.3
2.	Ashley Faubel, LSW	:27.1	6.	Caitlin Madden, LNE	:27.3
3.	Jessica Merideth, LNS	:27.1		Amanda Magnuson, LSW	:27.5
4.	Karley Piper, LSE	:27.2		Taylor Pitts, LNS	:27.8

GIRLS 1600 METER RUN

Meet Record: 5:05.60 Kim Stevens Lincoln Southeast 1985

1.	Brandis Hurt, LHS	5:29.5	Amanda Costello, LHS	5:57.9
2.	Hayley Sutter, LSE	5:31.5	Molly Tobin, LSW	6:07.4
3.	Michelle Fluitt, LE	5:34.9	Jaime Pella, LNE	6:12.7
4.	Katie Nelson, LSE	5:39.3	Quinn McCreight, LSE	6:14.9
5.	Eliza Hammond, LSW	5:39.6	Kendra Schuldeis, LNS	6:22.5
6.	Laura Hahn, LE	5:43.7	Bethanie Glaser, LHS	6:26.9
	Leenie Boardman, LNS	5:45.2	Jane Tsui, LSE	6:36.8
	Dani Virts, LSW	5:51.2	Jordan Heiliger, LE	NT
	Courtney Chambers, LSW	5:54.7	Ashley Schnell, LNS	DNS
	Whitney Villines, LNE	5:56.5	Heather Davison, LNS	DNS
	Cassie Frohberg, LE	5:57.3		

GIRLS 400 METER RELAY

Meet Record: :49.40 Lincoln Southeast 2000

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|----|---|-------|
| 1. | Lincoln Southwest | :51.3 |
| | Sammy Hansen, Amanda Magnuson, Rachel Garrett, Ashley Faubel | |
| 2. | Lincoln Southeast | :52.5 |
| | Kendra Sell, Karley Piper, Taylor Schmulte, KK Houser | |
| 3. | Lincoln High | :52.6 |
| | Jaamie Sydney, Teonna Wimes, Eva Johnson, Kayla Meskimen | |
| 4. | Lincoln North Star | :53.0 |
| | Amber Dittmer, Cassie Skolnick, Jessie Merideth, Taylor Pitts | |
| 5. | Lincoln East | :53.5 |
| | J. Hepburn, A. Corbin, A. Tvrdy, A. Root | |
| 6. | Lincoln Northeast | :53.8 |
| | Alissa Larson, Cierra Armstrong, Danie Miller, Caitlin Madden | |

GIRLS 1600 METER RELAY

Meet Record: 4:07.40 Lincoln East (Zietlow Arkfeld Palmer Teel) 1981

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|----|---|--------|
| 1. | Lincoln Southeast | 4:15.1 |
| | Ashley Peterson, Taylor Schmutte, Courtney Peterson, Karley Piper | |
| 2. | Lincoln North Star | 4:18.2 |
| | Cami Jiskra, Cassie Skolnick, Heather Davison, Jallan Holmes | |
| 3. | Lincoln High | 4:20.1 |
| | Kayla Meskimen, Teonna Wimes, Eva Johnson, Jaamie Sydney | |
| 4. | Lincoln East | 4:21.9 |
| | J. Hepburn, M. Fluitt, C Bulin, A. Root | |
| 5. | Lincoln Southwest | 4:31.1 |
| | Kristi Sims, Jessia Kaltenberger, Rachel Isherwood, Amelia Myers | |
| | Lincoln Northeast | DNS |

Lincoln Public Schools Championships
April 27, 2006

FINAL GIRLS TEAM SCORES

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|----|--------------------|---------|----|-------------------|--------|
| 1. | Lincoln Southwest | 139.000 | 4. | Lincoln East | 60.500 |
| 2. | Lincoln Southeast | 108.000 | 5. | Lincoln Northeast | 58.000 |
| 3. | Lincoln North Star | 104.000 | 6. | Lincoln High | 55.500 |