BIRTH ORDER PERSONALITY INVENTORY

Identifying Your Psychological Birth Order

There are five personalities according to birth order. Your personality may or may not correspond to your actual place in the family. The following inventory from Clifford Isaacsen's web page allows you to determine your psychological birth order personality.

Instructions: Print out this page. Choose the answer which most nearly fits of the four options given and write that number next to the question. When finished, enter your scores on the form at the end of the inventory. Do the calculations to identify your psychological birth order. When finished, return to this page and click on the correct links below to interpret your results.

Note: The accuracy of the test is enhanced if you answer the questions as you would have answered them in your late teens or early twenties.

1 = never, 2 = sometimes, 3 = often, 4 = always

1. Do you have to organize before you can do something?
2. Do you want to impress others?
3. Do you try to avoid feeling inadequate?
4. Did you feel life was unfair as a child?
5. Do you like difficult challenges?
6. Do you make "to do" lists?
7. Do you say "I don't know?"
8. Do you pay attention to details?
9. Do you avoid doing things that scare you?
10. Do you distrust people?
11. Do you operate from a schedule in your mind?
12. Are you careful to not offend others?
13. Do you suppress feelings?
14. Do you try to act like nothing bothers you?
15. Do you try to prove how mature you are?
16. Do you think with your feelings?
17. Do you rehearse what you will say?
18. Do you look for what is wrong with things?
19. Is it important for you to be strong?
20. Do you feel like you are not wanted?
21. Do you feel bad when others feel bad?
22. Do you feel guilty?
23. Do you say "I would appreciate it if you would..."?
24. Do you relate well to victims?
25. Do you resent being asked for favors?
26. Do you interrupt when others are talking?
27. Do you rehash past encounters?
## Birth Order Survey Results

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### Totals:

Your highest score indicates your psychological birth order:

- **A:** _______ = Only Child
- **B:** _______ = First Born
- **C:** _______ = Second Born
- **D:** _______ = Third Born
- **E:** _______ = Fourth Born
Your highest two scores indicate your psychological birth order characteristics.

**Directions:** After taking the survey answer the following questions.

What is your birth order?

Did the survey come out with your correct birth order? Yes or No

What do you think make up the for the differences?

How do you feel this is a valid survey or theory? Why or Why No?